













JANUARY 2026

DCIL & Community Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>More event details on back!</p> <p>• DCIL events in purple • Community events in black</p>				1. Happy New Year  DCIL office closed <i>New Year's Day</i>	2 Holiday Toys through time Jan. 2-5 Fr. 2-5pm, Sa. & Su. 10am-5pm, Mo. 2-5pm ND State Heritage Center	3  Full Moon
4	5 Chair Exercises for Balance, Strength & Mobility 10:00-11:00 am AARP <u>online</u> event- FREE! (no membership required)	6  • Health & Wellness Fair 10:00 am-2:00 pm (w/Und. Disab. on Dementia) at Touchmark in Bismarck • New Year's Party! 5:00-7:00 pm DCIL	7 Grief Support Group <i>Facilitated by Hospice of the Red River Valley Grief Specialist, Sara Schwarz.</i> 11:30 am-1:00 pm Bismarck Veterans Memorial Public Library	8 Learn to Spot Gov't Imposter Scams 6:00-7:00 pm Sponsored by AARP Morton Mandan Public Library	9 • Bantam A Capitals Cup Hockey Tournament <i>Capital Ice Complex</i> • ND High School Rotary Wrestling Tournament 6:00 pm Bismarck Event Center	10 • Bantam A Capitals Cup Hockey Tournament <i>Capital Ice Complex</i> • ND High School Rotary Wrestling Tournament 5:00 pm Bismarck Event Center
11 • Free Dance Days Jan. 12-17 (for ages 3-18) Northern Plains Dance • Bantam A Capitals Cup Hockey Tournament <i>Capital Ice Complex</i>	12 Movies for Grownups: "Elie Wiesel: Soul on Fire" 7:00-8:45 pm AARP <u>online</u> event- FREE! (no membership required)	13  Bowling Night 4:30-7:30 pm (Bowling: 5:00-7:00 pm) Midway Lanes	14 Free Dance Days Jan. 12-17 (for ages 3-18) Northern Plains Dance	15  Women's Coffee 1:30-2:30 pm Ginna's Cafe Scheels	16 Bismarck Bobcats 7:15 pm VFW Sports Center	17 Dakota Territory Winter Gun Show Sat. 9am-5pm, Sun. 9am-3pm <i>Bismarck Event Center</i> • Bismarck Bobcats 7:15 pm VFW Sports Center
18  • Dakota Territory Winter Gun Show 9am-3pm <i>Bismarck Event Center</i> • Vinterfest 2:00-4:00 pm BSC Advanced Tech. Ctr.	19  MARTIN LUTHER KING Day DCIL office closed <i>Martin Luther King Jr. Day</i>	20  <i>Presenting a new DCIL series, "Intimacy & Relationships - Class 1: Boundaries"</i> 4:00-5:00 pm DCIL	21  Men's Coffee 2:00-3:00 pm Kirkwood Mall by Auntie Anne's	22  BI Support Group 4:00-5:00 pm DCIL	23 Bismarck Capitals Squirts Hockey Tournament Dec. 23-25 <i>Capital Ice Complex</i>	24 • 3rd Annual Winterjam Pow Wow <i>Bismarck Event Center</i> • Braves Winter Blast Basketball Tournament <i>Various Mandan gym locations</i>
25 • 3rd Annual Winterjam Pow Wow <i>Bismarck Event Center</i> • Braves Winter Blast Basketball Tournament <i>Various Mandan Gym Locations</i>	26 AARP Smart Driver Course 10:00 am-3:00 pm <i>Bismarck Burleigh Senior Center</i>	27  Crafting: Valentine's Diamond Art 5:00-7:00 pm DCIL	28 Job Service ND Booth 1:00-5:00 pm <i>Bismarck Veterans Memorial Public Library</i>	29 Downsizing Made Simple: Declutter Your Home 10:00-11:00 am AARP ND State Office, Bismarck	30 • Scheels 3D Archery Classic Jan. 30-Feb. 1 <i>Nishu Bowmen Archery</i> • U of M Jazz Festival 7:30 pm <i>Belle Mehus Auditorium</i>	31 • U of M Jazz Festival 7:30 pm <i>Belle Mehus Auditorium</i> • 40th Annual KFYP-TV Bowling Tournament Jan. 31-Feb. 1 <i>Midway Lanes, Mandan</i>

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DCIL & Community Events

- Jan. 1 **New Year's Day, DCIL office closed**
- Jan. 2-5 **Holiday Toys through time, Fri. 2-5pm, Sat. & Sun. 10am-5pm, Mon. 2-5pm, ND State Heritage Center**
- Jan. 3 *Full Moon*
- Jan. 5 & 12 AARP online events are FREE! No membership required! Sign up at: www.local.aarp.org/virtual-community-center/
- Jan. 6 **Health & Wellness Fair, 10am-2pm, DCIL is hosting this at Touchmark, 1000 W. Century Ave., Bismarck**
- Jan. 6 **Understanding Disabilities, "Communicating effectively to people with dementia," 1:00-2:00pm, at Touchmark (during DCIL's Health & Wellness Fair). ***If you go to the Understanding Disabilities, Transit will be paid both ways. RSVP Randee, 701-214-2671.**
- Jan. 6 **DCIL Consumer New Year's Party! 5:00-7:00pm, DCIL . Transit paid one way (ride home). RSVP Randee, 701-214-2671.**
- Jan. 7 **Grief Support Group, 11:30am-1:00pm, Bismarck Veterans Memorial Public Library (facilitated by the Hospice of the Red River Valley Grief Specialist Sara Schwarz)**
- Jan. 8 **Learn to Spot Gov't Imposter Scams, 6:00-7:00pm, Morton Mandan Public Library (sponsored by AARP)**
- Jan. 9-11 **Bantam A Capitals Cup Hockey Tournament, various times, Capital Ice Complex**
- Jan. 9 & 10 **ND High School Rotary Wrestling Tournament, Fr. 6:00pm, Sat. 5:00pm, Bismarck Event Center**
- Jan. 12-17 **Free Dance Days for ages 3-18, various times, Northern Plains Dance**
- Jan. 13 **Bowling Night, 4:30-7:30pm (Bowling: 5:00-7:00pm), Midway Lanes. Transit paid one way (ride home). RSVP Randee, 701-214-2671.**
- Jan. 15 **Women's Coffee, 1:30-2:30, Ginna's Cafe Scheels, Bismarck. Transit paid one way (ride home).**
- Jan. 16 & 17 **Bismarck Bobcats, 7:15pm, VFW Sports Center**
- Jan. 17 & 18 **Dakota Territory Winter Gun Show, Sat. 9:00am-5:00pm, Sun. 9:00 am-3:00pm, Bismarck Event Center**
- Jan. 18 **Vinterfest, 2:00-4:00pm, BSC Advanced Technology Center**
- Jan. 18 *New Moon*
- Jan. 19 **Martin Luther King Jr. Day, DCIL office closed**
- Jan. 20 **Intimacy & Relationships series-- Class 1: "Boundaries," 4:00-5:00pm, DCIL. Transit paid one way (ride home). RSVP Randee, 701-214-2671.**
- Jan. 21 **Men's Coffee, 2:00-3:00pm, Kirkwood Mall by Auntie Anne's, Bismarck. Transit paid one way (ride home).**
- Jan. 22 **BI Support Group, 4:00-5:00pm, DCIL, 3111 E. Broadway Ave., Bismarck. Transit paid both ways. RSVP Randee, 701-214-2671.**
- Jan. 23-25 **Bismarck Capitals Squirts Hockey Tournament, various times, Capital Ice Complex**
- Jan. 24 & 25 **3rd Annual Winterjam PowWow, check website for schedule, Bismarck Event Center**
- Jan. 24 & 25 **Braves Winter Blast Basketball Tournament, Various Mandan Gym locations & times**
- Jan. 26 **AARP Smart Driver Course, 10:00am-3:00pm, Bismarck Burleigh Senior Center**
- Jan. 27 **Crafting: Valentine's Diamond Art, 5:00-7:00pm, DCIL. Transit paid one way (ride home). RSVP Randee, 701-214-2671.**
- Jan. 28 **Job Service ND Booth, 1:00-5:00pm, Bismarck Veterans Memorial Public Library**
- Jan. 29 **Downsizing Made Simple: Declutter Your Home, 10:00-11:00am, AARP ND State Office, Bismarck**
- Jan. 30-Feb. 1 **Scheels 3D Archery Classic, various times, Nishu Bowmen Archery**
- Jan. 30 & 31 **U of Mary Jazz Festival, 7:30pm, Belle Mehus Auditorium**
- Jan. 31-Feb 1 **40th Annual KFYP-TV Bowling Tournament, various times, Midway Lanes, Mandan**