

UNDERSTANDING DISABILITIES

“Dealing with the effects of Grief & Suicide”

January 23, 2025

(this is the rescheduled date after being cancelled in October)

1:30-2:30 p.m. Central time

***in person or by Zoom**

** Transit paid both ways. Please let us know if you need reasonable accommodations.*

No computer,
no problem!

Join us at
DCIL or through
the ZOOM Link.

Contact Kathy T.
for more info & link.
kathyt@dakotacil.org



In trying times

IT'S GOOD TO KNOW
YOU'RE NOT ALONE.



Brenda Bergan *Aftercare Coordinator* **Eastgate & Parkway Funeral Service**

Brenda Bergan began employment with Eastgate & Parkway Funeral Service in August 2014. She is the Aftercare Coordinator & oversees the LOTUS (Looking Onward to Understanding & Serenity) grief support programs for our bereaved family members. She was a facilitator & presenter for Medcenter One's Good Grief program & initiated the SOS (Sounds of Silence) suicide support program in January of 2007, which currently serves many families who have had loved ones end their lives due to suicide. Brenda makes home visits for grief support to the families served by Eastgate & Parkway.

Along with her little mixed-breed dog, Ladi, Brenda has provided pet therapy to Sanford Hospital residents & also homebound members of our community. Brenda has also found her yoga instruction to be helpful for creating peace in a busy world.



Hosted by:



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Bismarck, ND
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DCIL is a fragrance free office.

Thank you to our presenter:

