

UNDERSTANDING DISABILITIES

“Navigating Fibromyalgia Symptoms”

November 8, 2024
1:30-2:30 p.m. Central time
****in person or by Zoom***

No computer,
no problem!

Join us at
DCIL or through
the ZOOM Link.

**Contact Kathy T.
for more info & link.
kathyt@dakotacil.org**

** Transit paid both ways. Please let us know if you need reasonable accomodations.*



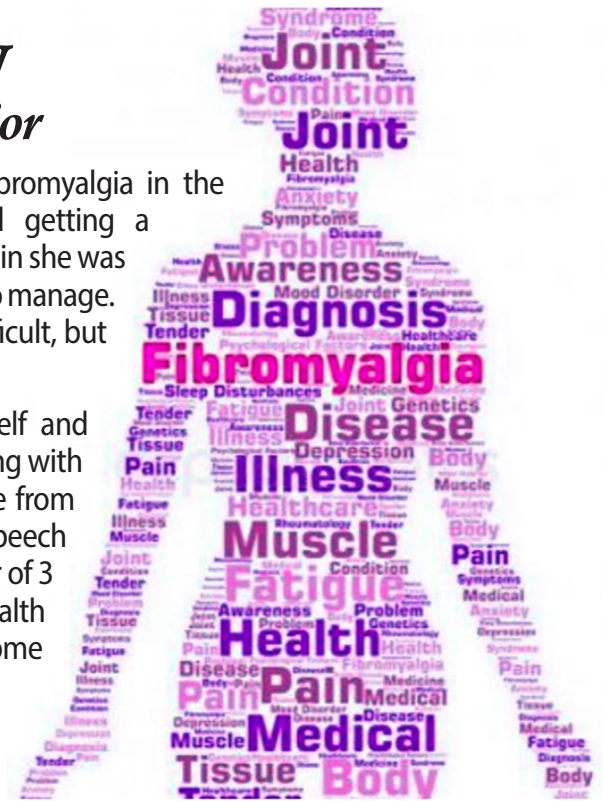
Erin Pasley

Lifelong Fibro Warrior

Erin Pasley is a 26 year-old living with fibromyalgia in the Bismarck community. Beginning signs and getting a diagnosis at a young age, Erin knew that the pain she was experiencing was very real, difficult, and hard to manage. Navigating managing fibromyalgia can be difficult, but she believes it doesn't have to always be hard.

Erin has found was to advocate for herself and ways to manage day-to-day activities, now living with well managed pain. She was able to graduate from the University of Mary with her Masters in Speech Language Pathology in 2021 and is the mother of 3 over gardener and strong advocate for mental health. Coping and managing symptoms has become a need in her day to day activities.

In this session, Erin will discuss how to advocate for diagnosis, treatment options she explored, and ways at home to manage day to day symptoms.



Hosted by:



3111 E. Broadway
Bismarck, ND
701-222-3636
DCIL is a fragrance free office.

Thank you to our presenter:

Erin Pasley
MS, CCC-SLP

