

# UNDERSTANDING DISABILITIES

## “Calming the brain chatter & anxiety in your mind”

**October 22, 2024**

**1:30-2:30 p.m. Central time**

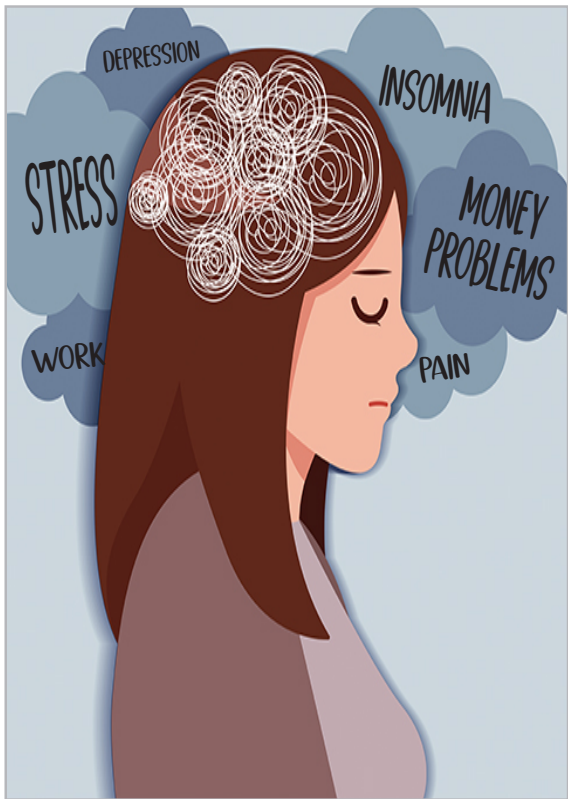
***\*in person or by Zoom***

No computer,  
no problem!

Join us at  
DCIL or through  
the ZOOM Link.

Contact Kathy T.  
for more info & link.  
kathyt@dakotacil.org

*\* Transit paid both ways. Please let us know if you need reasonable accommodations.*



## Jennie Cornell

*Behavioral Health Supervisor*

### Northland Health Centers

Jennie Cornell is a Licensed Clinical Social Worker and Licensed Master Addiction Counselor with over 15 years of extensive experience helping clients of all ages and backgrounds. She obtained her Master's degree in social work from the University of ND and is actively pursuing her doctorate in social work degree. She is certified in Dialectic Behavioral Therapy (DBT) and Cognitive Processing Therapy (CPT). Her years of experience include a wide range of evidence-based mental health approaches, including EMDR, to improve the lives of clients.

Jennie has worked with all ages and populations to help them reach their treatment goals. Jennie specializes in the treatment of mood disorders, personality disorders, trauma, and addiction. Jennie utilizes a strength and evidence-based approach to help clients understand their individual needs and core beliefs that impact their life. Jennie also provides supervision and training for mental health clinicians where her empathy, compassion, and client-centered approach shines through. She enjoys spending time with friends and family, as well as her role at Northland Health Centers as the behavioral health supervisor.



Hosted by:



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*DCIL is a fragrance free office.*

Thank you to our presenter:

