

We can assist with information on:

- Disability rights
- ADA compliance
- Assistive Technology options
- Ramps & Home modifications



BISMARCK OFFICE 3111 E. Broadway Ave., Suite 1 Bismarck, ND 58501 V/TDD: 701-222-3636 FAX: 701-222-0511 Toll free: 1-800-489-5013 Email: dcil@dakotacil.org **DICKINSON OFFICE** 26 1st St. East, #103 Dickinson, ND 58601 V/TDD: 701-483-4363 FAX: 701-483-4361 Toll free: 1-800-489-5013 Email: dcil@dakotacil.org

Medicaid/Medicare applications

Medicare Part D enrollment

Accessible apartments

Legislative updates

Find us online at **www.DakotaClL.org**



Find us on Facebook: www.facebook.com/DakotaCIL



Find us on Instagram: DakotaCenter.IndependentLiving

The contents of this brochure were developed under a grant from the Administration for Community Living, Department of Health and Human Services. However, the contents do not necessarily represent the policy of HHSC or ACL, and you should not assume endorsement by the Federal Government.

Available in alternative format upon request.





Your life is your choice!

A context for Independent Living Serving people with disabilities since 1980

Our *core services will help you live independently!

dakotacil.org

At Dakota CIL, we empower people with disabilities ...

... by minimizing barriers, advocating for inclusion, and promoting consumer choice.

• *Information & Referral: DCIL provides information on a wide variety of disability related topics (i.e. housing, transportation, social security, legislative issues). We also make referrals to other agencies for services & community resources.

• *Peer Services & Support: A peer mentor promotes positive coping skills by sharing with the individual the impact of their disabilities & develops goals that will enable that person to live a more independent lifestyle.

• *Individual & Systems Advocacy: Individual Advocacy is assisting individuals with disabilities in safeguarding their civil rights. Systems Advocacy is working with local & state organizations to eliminate barriers & allows people with disabilities to fully participate in their communities.

• *Independent Living Skills Training: We provide assistance in developing skills individuals need to live independently, including communication, financial management, assistance in locating housing, basic computer skills, benefits counseling, & accessing community services.

• ***Transitional Services:** DCIL will assist individuals transitioning from living in an institutional setting to independent

living in a community-based setting; provide information & services to assist individuals from entering a more restrictive environment, & facilitate the transition of youth with disabilities into the workforce, higher education &/or the community.

• Assessments: DCIL will provide businesses, schools, recreation sites, federally funded housing complexes & homes with accessibility assessments to determine what accommodations &/ or modifications are needed to meet the requirements of the Americans with Disabilities Act, Section 504 of the Rehabilitation Act of 1973, the Fair Housing Act & UFAS.

• Education:

- 1) **Assistive Technology**-"The key to independent living!" Participants can view Assistive Technology equipment that can maintain or improve independence in the home.
- 2) **Drivers Permit Courses** Assistance in preparing for a driver's permit test available to all individuals with disabilities.
- 3) **Disability Etiquette** Learn respectful ways to communicate with people regarding people with disabilities.
- Cross Disability Panel- Q & A from individuals with various disabilities. Information on "People First" language is provided.
- 5) **Brain Injury Panel** Q & A from individuals with brain injury disabilities. Interactive program consisting of hands-on simulations.