Spring 2019





After working to get a Youth Transition
Program off the ground for the past few
years, it is finally a reality and WOW, it is hard
to keep up with these young people. They
have only had an active Advisory Board for
less than 3 months and they have already
held their first event and planned a Youth
Conference scheduled for June here in
Bismarck, Embracing Your Disability



#### **Mission Statement:**

The Dakota Center for Independent Living believes in empowering people with disabilities by minimizing barriers, advocating for inclusion and promoting consumer choice.

"The contents of this newsletter were developed under a grant from the Department of Human Services. However, those contents do not necessarily represent the policy of the Department of Human Services, and you should not assume endorsement by the Federal Government."

This newsletter is available in alternative format—upon request.

#### **UNIVERSITY OF MARY SPRING**







## MARCH IS TRAUMATIC BRAIN INJURY AWARENESS MONTH.

HORSEBACK RIDERS ARE MORE LIKELY TO SUFFER A CONCUSSION THAN FOOTBALL, SKATEBOARDING, MOTORCYCLE RIDING AND SOCCER COMBINED.

THEY MAKE UP OVER 45% OF ALL TBI'S.



Trying to follow the outline of a star while seeing it only through a mirror.

## MARCH IS TBI MONTH

DCIL STAFF WERE ABLE TO TAKE THEIR EDUCATIONAL BI PRESENTATION TO NUMEROUS VENUES IN MARCH.

Wachter Middle School



ND BRAIN INJURY





"Embrace Your Disability"

**June 20, 2019** 

**Bismarck Event Center** 

More info to come in our Summer Edition....

Thank you so much, Chris Leatherman, for creating our absolutely amazing logo and then designing this meaningful banner for us. You do outstanding work.

Chris is a Business Administration and Marketing

2nd year Junior at the University of Mary.





This group was formed with a vision for the continuation of the Peer to Peer concept in the Bismarck/
Mandan area, but more than that, to meet a need that is known community wide that fills the gap left in the transition process of youth from school to vocation or education.

DCIL, along with the collaborative help from Designer Genes, Federation of Families, ND State Council on Developmental Disabilities, and Century HS Peer to Peer Coordinator, saw a need, agreed on a vison, and went to work to get this group up and running.

In November, an Advisory Board was formally established. Vison, mission, and goals were put into place and of off they went without looking back. With the help of a Discretionary Grant secured from ND Department of Public Instruction, they hit the ground. See the following page for their first event, a Mocktail Party. It was truly successful and everyone loved it.

The next event to be held will be an inclusive, sensory movie night at the AMC Movie Theatre. Date to be announced. If you are interested in keeping up with the group, send us your email address and contact number and we will get the information out to you. Our contact information is on the back of this newsletter.

# MOCKTAIL EVENT



## LEGISLATIVE MEET & GREET SUCCESS





**BISMARCK OFFICE** 



## CRAFT DAY

## DICKINSON OFFICE



Craft Day

At

The Dakota Center

For Independent





Consumers and their grandchildren having fun on Craft Day at DCIL. We made No-Sew Snowmen and Penguins.



### YESS YOUTH ADVISORY

This group is open to youth 14-24 years old, with and without disabilities.

We meet on the 1st and 3rd Tuesdays of the Month at the Dakota Center for Independent Living 3111 E. Broadway, Bismarck @ 6:15 p.m.

If you have questions, please contact

Erin at 815-973-3304 or Alyda at 701-516-2893

#### Established in 1980

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If you would like to receive the newsletter by e-mail, please contact

Vicki at DCIL by calling (701) 222-3636